

# 2021 Munici-Pals Workshop

*Personal and Professional Development for Municipal Employees*



**Please join us for the combined 2021 Munici-Pals Spring Conference and Fall Business Meeting!**

**Thursday, Sept. 23 | 8 a.m.-1:30 p.m.**  
**Pinstripes | 3849 Gallagher Drive | Edina, MN**

## Workshop Lineup

### Legislative Updates

Get the insides scoop on what's happening at the capitol. The League of Minnesota Cities will provide legislative updates as they relate to our municipal work.

### Keynote Presentation: Finding Your Beat, The Rhythm of Life

Tim Eggebraaten has been a police officer since 1992 and had many different roles during his career with the Detroit Lakes Police Department – DARE Instructor, Patrol Sergeant, investigative sergeant, K-9 Handler, and Chief of Police from 2011-2016. Tim retired from the DLPD in November 2016 after 24 ½ years in law enforcement and 3 years as a correctional officer in Clay County, Minn.



Tim began talking about his own career path and leadership journey in 2016 and found that talking with others about personal and emotional topics really helped in his own healing process and learned that others can benefit from knowing that they are not alone in their own journey.

Tim will talk (and sing) with us about keeping the harmony in our lives and finding that balance so that we can truly be successful in all aspects of our lives. He has spent many years performing as a one-man-band and will use the power of music during his presentation to inspire and move us!

## Workshop Agenda

- 8 a.m. Registration and breakfast
- 8:30 a.m. Welcome  
*Lori Hensen, Munici-Pals President*
- 8:45 a.m. Legislative Updates  
*League of Minnesota Cities*
- 9:45 a.m. Break
- 10 a.m. Finding Your Beat, The Rhythm of Life  
*Tim Eggebraaten*
- 11 a.m. Break
- 11:15 a.m. Finding Your Beat, The Rhythm of Life, cont.  
*Tim Eggebraaten*
- 12:15 p.m. Business Meeting
- 12:30 p.m. Lunch and Networking

---

Breakfast includes bagels, cream cheese and fruit. Lunch includes an antipasto platter, bruschetta, fettucine alfredo, roasted lemon chicken and grilled asparagus with caramelized cheesecake for dessert.

**If you have dietary restrictions, please indicate on registration.**

---

For more information, contact  
Lori Hensen, Munici-Pals  
chairperson/president,  
at 952-233-9318  
or [lhensen@shakopeemn.gov](mailto:lhensen@shakopeemn.gov)

**\$60 per member\* | \$75 per non-member**

*\*Please note: if your city is a member city, ALL employees are members.*

**Register by Wednesday, Sept. 8**

Not a member city? Join today and save on workshop attendance for ALL employees! Membership is only \$40 per city. Visit [Munici-Pals.org/Membership](http://Munici-Pals.org/Membership) to learn more!

# Munici-Pals 2021 Workshop and Business Meeting

# Registration

Name of city: \_\_\_\_\_ Contact email: \_\_\_\_\_

Attendee Name	Attendee Email	Dietary Restriction?

**Total Attendees** \_\_\_\_\_ x \$ \_\_\_\_\_ \* = \$ \_\_\_\_\_

**Please return completed form and check, made payable to “Munici-Pals,” to:**  
**City of Shakopee**  
**Attn: Lori Hensen**  
**485 Gorman Street, Shakopee, MN 55379**  
*\*\$60 per Munici-Pals members, \$75 for non-members*