

2020 Munici-Pals Spring Workshop

Personal and Professional Development for Municipal Employees



Focus on YOU!

Thursday, April 2, or Friday, April 3
Eagan Community Center
1501 Central Parkway | Eagan, MN 55121



Being a productive employee starts with a well-balanced individual. This year's conference will allow attendees to look for balance between work and life and plan for the future. Plus, we'll hear pertinent updates from our partners at the League of Minnesota Cities.

This one-day workshop is offered two separate days so participants may select the date that is most convenient.



PERA

From New Hire to Retire

Luis Argueta, PERA

Explore your PERA benefits with and get answers to important questions on retirement! What is a pension? What is PERA? How does your PERA pension work, and what are some life events that can affect your pension while you are an active public employee?



Legislative Updates

League of Minnesota Cities

Get the insides scoop on what's happening at the capitol. The League of Minnesota Cities will provide legislative updates as they relate to our municipal work.

Finding Your Beat, The Rhythm of Life

Tim Eggebraaten, former Police Chief, Detroit Lakes

Tim will talk (and sing) with us about keeping the harmony in our lives and finding that balance so that we can truly be successful in all aspects of our lives. He will use the power of music during his presentation to inspire and move us!

Conference Schedule

- 8 a.m. Registration and breakfast
- 8:45 a.m. Welcome from Lori Hensen, Munici-Pals President
- 8:50 a.m. Morning Rise and Shine
- 9 a.m. From New Hire to Retire
- 10:30 a.m. Break
- 10:45 a.m. Legislative Updates
- 11:45 a.m. Lunch
- 12:45 p.m. Finding Your Beat, The Rhythm of Life
- 1:45 p.m. Break
- 2 p.m. Finding Your Beat, The Rhythm of Life continued

Lunch will feature a soup and sandwich buffet with vegetarian and gluten free options. If you have special dietary restrictions, please send an email to roxy.nowicki@woodburymn.gov

\$70 per member* | \$85 per non-member

**Please note: if your city is a member city, ALL employees are considered members.*

Register by Friday, March 13

Questions?

**Contact Lori Hensen,
Munici-Pals President,
at 952-233-9318**

or lhensen@shakopeemn.gov

Registration

Name of city: _____ Contact email: _____

Attendee Name	Email Address	Date Attending	
		April 2	April 3
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Total Attendees _____ x \$ _____ * = \$ _____

Please return completed form and check, made payable to "Munici-Pals," to:
City of Shakopee
Attn: Lori Hensen
485 Gorman Street, Shakopee, MN 55379
**\$70 per Munici-Pals members, \$85 for non-members*